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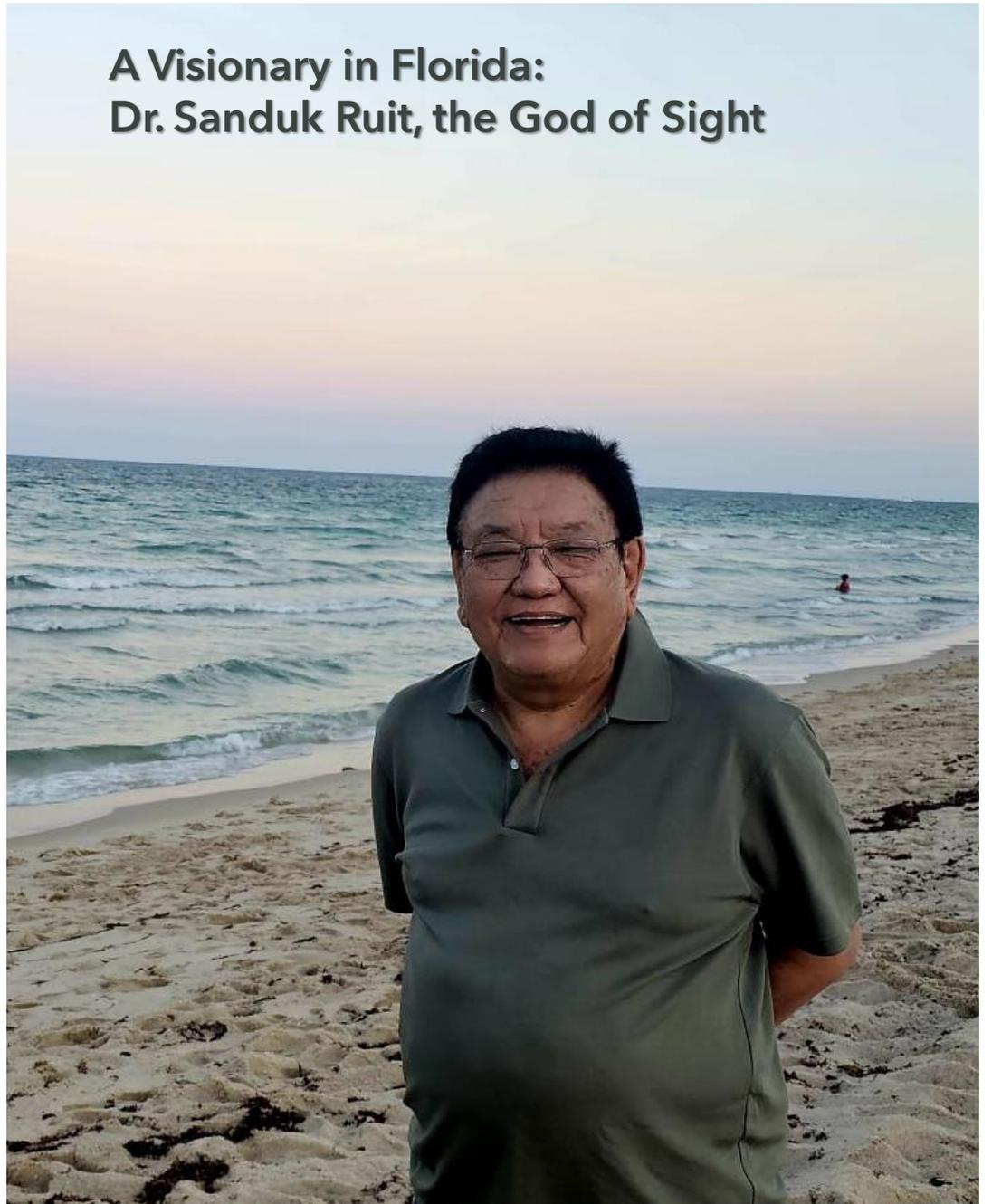


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EDITORIAL NOTE

This special issue coincides with Dashain celebrations and our Annual General Meeting. We extend our sincere thanks to all contributors, for their article. We also take this opportunity to acknowledge the efforts of our current executive team in their ongoing contributions and last publications. We are already in the process of collecting articles for the next edition. Please continue sending your submissions to naflorida2016@gmail.com. Wishing you a joyous Dashain, a successful AGM, and good health and safety during the holidays.

Thanks

Anupa Ghimire

Information Secretary, NAF

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EDITORIAL

Mrs. Anupa Ghimire – Information Secretary

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Dr. Niraj Shrestha

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Namaste and Happy Dashain & Tihar 2025!

On behalf of the Nepalese Association of Florida (Indreni/NAF), I extend my warmest wishes to you and your families for a joyous Dashain and Tihar. May these festivals bring happiness, prosperity, and unity to us all. I am also looking forward to seeing many of you on October 11th in West Palm Beach as we gather once again to celebrate our culture, community, and togetherness.

This year has been one of both reflection and hope. As we celebrate here in Florida, we also remember the GenZ movement in Nepal—a reminder of the courage and aspirations of our younger generation. We continue to hope for brighter days and a better future for Nepal.

Highlights of This Quarter

This quarter has been full of meaningful programs and accomplishments:

We were honored to welcome Dr. Sanduk Ruit here in West Palm Beach, whose presence inspired us all.

We also hosted Dr. Pukar Malla during his Mission Aasha program.

We invited Yug Darshan Regmi from the Embassy of Nepal USA, who guided us on opportunities for economic investment.

Alongside my colleagues Priti Bhandary and Madhu Nepal, I had the privilege of visiting the Embassy of Nepal and engaging with His Excellency Lok Darshan Regmi on future collaboration opportunities.

We also met with officials at the U.S. State Department to explore domestic outreach programs, and we plan to continue working with both institutions.

Organizational Growth

We officially inaugurated a new Communications Center in Ruby Valley, in collaboration with the Global National ICT Consortium.

We established new NAF chapters in Southwest Florida and South Florida, under the leadership of Dr. Cheban Acharya and Mr. Chet Joshi.

Our annual Synchronized Blood Drive was successfully conducted in 5 cities—continuing a tradition that has now run successfully for 3 years.

As my tenure comes to a close, I would like to express my deepest gratitude:

To my executive members, advisors, community program coordinators, NAF Student Network, ANEC members, and past presidents who stood by me.

To the presidents of our sister organizations—INLS-FL, NOA-Florida Chapter, NCCO, MAA-Florida Chapter—and our collaborators: All4Ball, Abi Kattel Foundation, PHA Nepal, NIRI, and INBDA for their constant support.

A special thank you to Anupa Ghimire, Information Secretary, for her dedicated contributions. I also want to thank Shailee Basnet, NAF Youth Forum Leader who has done tremendous job to uplift Youth Forum Program. To my core executive team—Priti Bhandary, Madhu Nepal, and Binod Basnet—thank you for your guidance, diligence, and tireless effort. Without your support, I would not have completed this journey successfully.

To my family, who graciously allowed me to share my time and energy with the wider Nepali community. And above all, thank you to the community members who trusted me to lead this organization.

As I write this final message as President, my heart is filled with gratitude and pride. Together, we have built bridges, launched programs, and strengthened our Nepali community in Florida and beyond.

It has been the greatest honor of my life to serve you. With confidence, I now pass the torch to the new leadership, knowing that the foundation we built together will continue to grow stronger.

Jai Hos!

With deepest thanks,

Niraj Shrestha

President (2021–2025)

Nepalese Association of Florida



Celebrating Dr. Sanduk Ruit: A Visionary Who Restores Sight and Inspires the Nepali Community

In an evening filled with warmth, admiration, and inspiration, the Nepalese Association of Florida (NAF), in collaboration with Cure for Blindness, honored the extraordinary humanitarian achievements of Dr. Sanduk Ruit, a world-renowned ophthalmologist whose pioneering work has restored sight to thousands of underserved individuals around the globe. The event, held at the Village of Wellington, was organized in support of the Ruit Program, a transformative initiative providing free cataract surgeries to impoverished communities in Nepal.

For the Nepali diaspora in Florida, the evening offered a unique opportunity not only to celebrate a national hero but also to connect with the remarkable journey of a man whose vision transcends borders. Dr. Ruit's story—from a small Himalayan village to international acclaim—serves as an enduring source of inspiration for Nepalis everywhere.

Transforming Eye Care in Nepal and Beyond

Dr. Ruit's pioneering work includes the co-development of Small Incision Cataract Surgery (SICS) alongside Professor Fred Hollows, a technique that revolutionized cataract treatment in developing nations by making it faster, safer, and more affordable. He also established the Tilganga Institute of Ophthalmology in Kathmandu, which today delivers high-quality eye care and manufactures intraocular lenses locally, drastically reducing costs for patients.

His accomplishments extend far beyond surgical innovation. Dr. Ruit has personally restored sight to over 180,000 individuals and trained more than 650 ophthalmologists from across Asia, Africa, and beyond. His efforts have enabled doctors to perform life-changing surgeries in regions with limited infrastructure, effectively creating a global network of eye care professionals committed to serving the underserved.

Stories That Inspire

During the evening, Dr. Ruit captivated attendees with personal stories from his childhood, describing how early experiences in rural Nepal shaped his lifelong commitment to service. He spoke of patients who had lived decades in darkness, only to regain sight through his surgeries—a poignant reminder of the profound human impact of his work.

Dr. Ruit shared compelling anecdotes, including performing surgeries under candlelight in remote villages and traveling on foot or horseback to reach isolated communities. He reflected on the emotional and logistical challenges of building a globally recognized institute in Nepal, navigating resource limitations, and gaining international recognition while remaining steadfast in his mission.

One of the evening's most inspiring moments came as Dr. Ruit discussed innovative initiatives at Tilganga, including the development of low-cost intraocular lenses and mobile surgical units that bring eye care directly to remote populations. These initiatives demonstrate not only technical brilliance but also a visionary approach to healthcare equity.



Celebrating Dr. Sanduk Ruit: A Visionary Who Restores Sight and Inspires the Nepali Community

Dr. Ruit's past work has earned him international acclaim, including the Ramon Magsaysay Award, recognition by the British Royal Family, and numerous other humanitarian accolades. Beyond his medical achievements, he is celebrated for his unwavering commitment to making eye care accessible to the most vulnerable.

For the Nepali community in Florida, Dr. Ruit represents more than a doctor—he embodies Nepali resilience, ingenuity, and compassion. His life's work inspires young Nepalis to dream big, serve selflessly, and believe that meaningful change can originate from Nepal and impact the world.

The event highlighted the profound connection between Dr. Ruit and the Nepali diaspora. NAF President Dr. Niraj Shrestha noted that hosting Dr. Ruit provided an opportunity not only to honor his achievements but also to celebrate the values he embodies: service, dedication, and visionary thinking.

Attendees left the evening motivated, reminded that one person's vision and determination can transform thousands of lives. For the Nepali community in Florida, Dr. Ruit is a living example of the heights Nepalis can achieve through passion and perseverance.

A Community United in Support

Through the evening, NAF reaffirmed its commitment to supporting the Ruit Program, ensuring that more lives are transformed through the gift of sight. The collaboration with Cure for Blindness and local donors highlighted the power of community engagement, reflecting a shared mission to advance health, hope, and opportunity for all Nepalis.

As Dr. Ruit continues his work, his legacy inspires not only medical professionals but every individual in the Nepali diaspora. He is a reminder that true vision encompasses both sight and the courage to bring light to the lives of others.



Mission Aasha 2025: Inspiring Nepali Youth and Building a Better Future

Florida was filled with energy, hope, and inspiration on September 29, 2025, as the Nepalese Association of Florida (NAF) hosted the highly anticipated “All to Action” Meet and Greet with Dr. Pukar Malla, Founder of Daayitwa and Global Leadership Coach. The event brought together members of the Nepali diaspora to celebrate Mission Aasha 2025, a visionary campaign dedicated to empowering youth, fostering leadership, and mobilizing Nepalis worldwide to create meaningful change in their homeland. From the very beginning, the evening resonated with a sense of purpose. Dr. Malla shared his personal journey, describing how he founded Daayitwa as a platform for young Nepalis to collaborate, lead, and give back. He spoke passionately about the early days of the organization, emphasizing its evolution from Nepal Ko Yuwa, a youth movement, into a globally recognized NGO that drives leadership, governance innovation, and inclusive economic growth across Nepal.

“Mission Aasha is about more than programs,” Dr. Malla said during the event. “It is about cultivating hope, empowering youth, and creating pathways for meaningful participation in building Nepal’s future.” Daayitwa’s work spans multiple initiatives that connect the diaspora, local communities, and government institutions. Its Growth Entrepreneurship and Employment Program (GEEP) helps rural women and youth-led enterprises thrive by providing mentorship, technical support, and access to markets. The Nepal Public Service Fellowship identifies and trains young leaders to serve in governance roles, while leadership programs for economic governance strengthen the capacity of public officials. The organization’s impact has been amplified by partnerships with global advisors, senior bureaucrats, and international academics, ensuring that local programs meet global standards of excellence.

The Florida event was not only a platform to hear Dr. Malla’s story but also a moment of concrete action. A Memorandum of Understanding (MoU) was signed between the Nepalese Association of Florida, represented by Dr. Niraj Shrestha, President, and Daayitwa and the Nepal Leadership Academy, represented by Dr. Pukar Malla. This collaboration is designed to empower Nepali-origin youth living in Florida, offering them mentorship, leadership development, and opportunities to contribute meaningfully to Nepal’s growth. The MoU signifies a tangible step toward connecting the diaspora with initiatives in Nepal, creating a bridge between global Nepali talent and local development efforts.

The highlight of the evening was the inspiration that radiated from Dr. Malla’s anecdotes. He spoke about traveling to remote villages, engaging rural youth in entrepreneurship, and working with women-led cooperatives to ensure that economic opportunities reach the most underserved. He shared stories of how young Nepalis, once disengaged from their communities, became agents of change through Mission Aasha, creating enterprises, training peers, and contributing to local development. and participants pledged their time and resources to advance the campaign’s goals. Dr. Malla’s “Mission Aasha 2025 Call to Action” resonated deeply, reinforcing the idea that diaspora engagement is essential for accelerating Nepal’s growth and creating sustainable impact.

Mission Aasha 2025 is ambitious yet focused. By 2026, the campaign aims to accelerate over 150 rural women and youth-led enterprises, train 450 rural entrepreneurs, capacitate 130 public officials, and engage more than 350,000 agents of prosperity. Each initiative is a deliberate effort to create systemic change, foster leadership, and cultivate a culture of service among Nepal’s youth.

The event left attendees inspired and motivated. “It was incredible to hear firsthand how Mission Aasha is transforming lives,” said a Florida-based participant. “Dr. Malla’s vision reminds us that change begins with engagement, dedication, and the belief that our contributions, no matter how small, can have a lasting impact on Nepal.”



Mission Aasha 2025: Inspiring Nepali Youth and Building a Better Future

Dr. Pukar Malla's work through Daayitwa exemplifies the power of vision combined with action. By linking local initiatives with global networks, Daayitwa ensures that solutions are contextually relevant while benefiting from international expertise. Through Mission Aasha, thousands of Nepali youth are discovering the power of leadership, entrepreneurship, and civic responsibility.

For the Nepali diaspora in Florida, the event underscored a shared responsibility: to support Nepal's growth, mentor the next generation, and build a future defined by opportunity and hope. Mission Aasha 2025 is not just a campaign; it is a movement that empowers youth, mobilizes communities, and bridges the gap between global Nepalis and their homeland.

As Dr. Malla concluded, "Together, we can transform Nepal, not only through programs or policies but through the hearts, minds, and actions of its people. Mission Aasha is a call to action, and it belongs to all of us who believe in a better Nepal."

The Florida event was a vivid reminder that when communities unite behind a shared vision, inspired leadership and collective action can bring about lasting change. Mission Aasha 2025 continues to inspire, mobilize, and empower, proving that the next generation of Nepali leaders can rise not only within Nepal but across the globe.



Nepal's Gen Z Movement: Courage, Change, and Diaspora Solidarity

Nepal has witnessed a historic surge of youth-led activism in 2025, a wave now widely known as the Gen Z Movement. Triggered initially by government restrictions on social media platforms, the movement rapidly evolved into a nationwide call against corruption, political nepotism, and the suppression of democratic freedoms. What began as digital protests quickly transformed into a mass movement, with thousands of young demonstrators taking to the streets of Kathmandu, Pokhara, and other major cities, demanding accountability from the political elite.

The movement was remarkable not only for its scale but also for its organization. Young Nepalese leveraged social media, encrypted messaging apps, and digital platforms to coordinate protests, share real-time updates, and mobilize citizens across the country. The decentralized and technology-driven nature of the protests made it difficult for authorities to suppress, amplifying the voices of youth and igniting a nationwide dialogue on governance, transparency, and civic engagement. Within days, the political impact was tangible: Prime Minister K.P. Sharma Oli resigned, social media restrictions were lifted, and plans for early elections were announced under a transitional government.

However, the Gen Z Movement came at a grave cost. Many young lives were lost, and communities across Nepal mourned the sacrifice of these brave individuals. The global Nepali diaspora, including those in Florida, felt the weight of this loss and came together to honor the fallen. On September 13, 2025, the Nepalese Association of Florida (NAF) organized a solemn candlelight vigil in remembrance of the #GenZ heroes. The gathering united children, youth, men, and women from the Nepali community, symbolizing both grief and solidarity. Candles were lit, the Nepali flag was prominently displayed, and a 30-second moment of silence was observed under the leadership of community advisor Krishna Shrestha, paying tribute to the courageous youth who laid down their lives for justice, freedom, and accountability.

The vigil was more than a moment of remembrance; it was a call for continued engagement and commitment. Senior community leaders, including past presidents of NAF such as Bimal Nepal, Dr. Bijay Kattel, and representatives from other Nepali organizations like Dr. Rajendra Shakya, Dr. Amar Karki, Prem Singh, and Chet Joshi, shared heartfelt reflections and condolences. A poignant highlight of the evening was a poem recitation by Ameena Shrestha, reflecting the bravery, resilience, and enduring spirit of the movement. NAF Vice President Binod Basnet concluded by emphasizing that supporting the families of the fallen and contributing to Nepal's democratic future is a responsibility for all members of the diaspora. Special gratitude was extended to Pandit Vishnu Sharma of Palm Beach Hindu Mandir for providing the venue, and volunteers were acknowledged for their tireless coordination and support.



Nepal's Gen Z Movement: Courage, Change, and Diaspora Solidarity

For the Nepalese diaspora in Florida, the Gen Z Movement represents a defining moment in Nepal's journey toward a more accountable and transparent governance system. Organizations like NAF recognize that the youth of Nepal are not only shaping the future of their homeland but are also inspiring Nepalis abroad to engage, advocate, and contribute meaningfully. Through initiatives like Mission Aasha 2025, NAF continues to empower Nepali-origin youth in Florida, offering mentorship, leadership development, and opportunities to support Nepal's growth. The diaspora's engagement underscores the importance of global Nepali communities in advancing social, economic, and democratic reforms in their country of origin.

The movement has also prompted broader conversations about political accountability and the role of youth in governance. Students, young professionals, and community activists across Nepal are increasingly demanding reforms, transparency, and active citizen participation. The success of the Gen Z Movement in achieving political change, while tragic in its loss, has energized a generation and strengthened the resolve of Nepalese communities worldwide to support progressive change.

From Florida to Kathmandu, the response has been one of unity, remembrance, and action. Candlelight vigils like the one organized by NAF highlight the role of diaspora communities in honoring the sacrifices of youth while fostering engagement in initiatives that advance Nepal's development. These acts of solidarity demonstrate that the fight for justice and accountability transcends borders, connecting Nepalis everywhere through a shared vision for a stronger, more transparent, and democratic Nepal.

In reflecting on the movement, it is evident that the Gen Z activists are not only shaping immediate political outcomes but also inspiring long-term societal change. Their courage serves as a reminder that progress often comes with sacrifice and that the collective voice of a committed youth population can challenge entrenched systems. For diaspora organizations, the Gen Z Movement is a clarion call to support, engage, and invest in the next generation of Nepali leaders. The Nepalese Association of Florida, through its programs, vigils, and advocacy, continues to embody this commitment, ensuring that the vision of a just and free Nepal is carried forward with respect, remembrance, and resolve.

As Nepal navigates this new chapter, the movement stands as a testament to the power of youth, the resilience of communities, and the enduring connection of the global Nepali diaspora. The fallen heroes of the Gen Z Movement are mourned but not forgotten, and their legacy continues to inspire both action and hope across generations, in Nepal and beyond.




Nepalese Association of Florida
Nepali Community and Friends — Please Join Us

CANDLELIGHT VIGIL

HONORING THE FALLEN OF THE RECENT GEN-Z MOVEMENT IN NEPAL

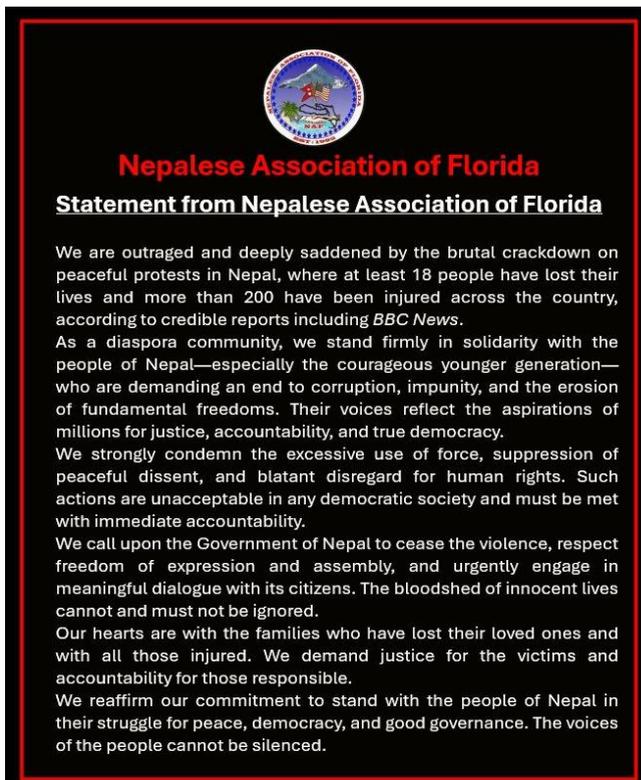
Join us for a **Candlelight Vigil** to honor the brave young lives lost during the recent Gen-Z movement in Nepal.

Let us come together as one community—lighting candles, sharing silence, and standing in solidarity. This is a time to unite, to grieve as a family, and to renew our collective commitment to the values of justice, courage, and freedom they stood for. Their sacrifice was not in vain—their courage lives on in our unity.

September 13th Saturday, 2025
6.00-7.00 PM
Palm Beach Hindu Mandir
16060 Okeechobee Blvd, Loxahatchee, FL 33470

If you need more information about the program, please email nafloida2016@gmail.com

Note: If you can **carpool**, it would be a great help as parking is limited. Also, please bring a **Nepal flag** if you have one at home. Candles will provide at the event.




Nepalese Association of Florida
Statement from Nepalese Association of Florida

We are outraged and deeply saddened by the brutal crackdown on peaceful protests in Nepal, where at least 18 people have lost their lives and more than 200 have been injured across the country, according to credible reports including *BBC News*.

As a diaspora community, we stand firmly in solidarity with the people of Nepal—especially the courageous younger generation—who are demanding an end to corruption, impunity, and the erosion of fundamental freedoms. Their voices reflect the aspirations of millions for justice, accountability, and true democracy.

We strongly condemn the excessive use of force, suppression of peaceful dissent, and blatant disregard for human rights. Such actions are unacceptable in any democratic society and must be met with immediate accountability.

We call upon the Government of Nepal to cease the violence, respect freedom of expression and assembly, and urgently engage in meaningful dialogue with its citizens. The bloodshed of innocent lives cannot and must not be ignored.

Our hearts are with the families who have lost their loved ones and with all those injured. We demand justice for the victims and accountability for those responsible.

We reaffirm our commitment to stand with the people of Nepal in their struggle for peace, democracy, and good governance. The voices of the people cannot be silenced.

Nepal Calling: Explore, Engage, Invest

The winds of change are sweeping across Nepal, and at the forefront is a renewed commitment to economic diplomacy. On a bright evening in Florida, the Embassy of Nepal in Washington, D.C., led by Economic Counselor Yug Raj Pandey, convened a special interaction program titled “*Nepal Calling: Explore, Engage, Invest.*”

The session brought together leaders of the Nepali diaspora, entrepreneurs, and community members eager to learn how they could connect with Nepal’s evolving opportunities. What unfolded was more than just an information-sharing session—it was a glimpse into Nepal’s new diplomatic era, where embassies are not only representing culture and politics but also serving as gateways to economic growth.

Counselor Pandey began by emphasizing that Nepal today is not the same as it was even a decade ago. With a youth-driven movement for accountability and transparency reshaping the political landscape, the government has adopted policies that invite foreign investment with unprecedented openness. Programs like “*Nepal Calling*” are designed to help the diaspora and foreign partners understand these opportunities, bridge trust, and bring capital and expertise home.

Unlocking Investment Opportunities in Nepal

Nepal has positioned itself as a rising destination for Foreign Direct Investment (FDI) by streamlining its systems and opening priority sectors for global engagement. Key reforms include:

Automatic approval route for investments up to NPR 500 million, reducing red tape.

Simplified business registration and licensing processes.

Assurances of profit repatriation and capital transfers.

Tax incentives for certain sectors, especially renewable energy, IT, and agro-processing.

Sectors currently drawing attention from investors include:

Hydropower and Renewable Energy: With vast water resources, Nepal has the potential to generate over 80,000 MW of hydropower. Investments in green energy and cross-border electricity trade with India and Bangladesh present massive opportunities.

Tourism and Hospitality: Nepal is reinventing itself beyond trekking and mountaineering, promoting eco-tourism, spiritual tourism, and cultural tourism. New hotels, resorts, and experience-based businesses are in high demand.

Agriculture and Agro-Processing: Modernizing Nepal’s agriculture through mechanization, cold storage, and value-added exports (tea, coffee, spices) creates space for diaspora partnerships.

Information Technology and Outsourcing: With a young, skilled workforce, Nepal is becoming a hub for IT outsourcing, fintech, and digital innovation.

Manufacturing and Infrastructure: From cement and steel to construction projects, Nepal needs partners to meet domestic demand and regional export potential.

Between July and September 2025 alone, Nepal attracted over NPR 33 billion in FDI, signaling renewed confidence from investors worldwide.

For the Nepali community in the United States, particularly in Florida, the program was both informative and inspiring. Many attendees shared that their motivation for investing in Nepal was not only financial return but also a chance to give back to their homeland.

Counselor Pandey underscored that diaspora investors bring more than money—they bring global networks, professional expertise, and credibility that can strengthen Nepal’s integration into the global economy. He urged participants to look at investment as a pathway to both personal success and national transformation.

The program concluded with a strong call for continued engagement. Attendees expressed their hope for more bilateral collaboration, including embassy-led delegations across Florida and the broader United States. Such dialogues, they stressed, are not one-time events but should form part of a sustained strategy to connect Nepal’s economy with its global diaspora.

Ultimately, “*Nepal Calling: Explore, Engage, Invest*” was more than an event—it was a milestone in the redefinition of Nepal’s diplomatic role. It affirmed that giving back to one’s country of origin is both a noble and strategic task. With reforms underway, opportunities emerging, and the diaspora motivated to contribute, the foundation is set for Nepal to build a prosperous, inclusive, and globally connected future.

Nepali New Year Bikram Sambat 2082!- By Srijana Nepal

जननी जन्मभूमिश्च स्वर्गादपि गरीयसी

— Mother and Motherland are dearer than heaven

Mesmerizing natural beauty, mountaineers' paradise, “made of hundreds of flowers” woven into one garland—Nepal— is the Birthplace of Buddha and the “Land of Everest!

Nepal is about 57 years ahead of the Gregorian calendar; it is the only country with a non-quadrilateral flag, which comprises two triangles that represent our mountains; and it is also home to the highest peak in the world.

As we gathered at the Wellington Library to observe this beautiful Nepali tradition as a community, we realized how thankful we were to the Palm Beach County Library for giving us the stage to share our culture with people from different cultures. The Nepali New Year 2082 celebration is a special occasion for those who follow astrological dates and auspicious hours for every important ritual like: birthdays, weddings, offerings, events and fairs.

Mr. Krishna Shrestha, having served in the army himself, spoke about the bravery of the Gorkha soldiers for which Nepal is known all over the world.

Aarash Khatiwada, a Nepali American youth, highlighted the historical significance of the New Year and talked about the importance of celebrating heritage with the community and family.

Similarly, another Nepali American youth, Avan Pradhan, poignantly stated, “We stand in front of you today as a proud second-generation Americans with deep strong roots in Nepal and strong foundation in America. We are fortunate to have roots in Nepal and foundation in America.”

It was inspiring to hear such encouraging remarks from the presenters and witness outstanding performances by the performers. We believe such celebrations will help us preserve and move our cultures forward to the future generation and make the cultural roots and foundation deeper and stronger. Because our culture is our identity—

नेपाली हामी रहूँला कहाँ, नेपालै नरहे | उचाई हाम्रो चुलिन्छ कहाँ, हिमालै नरहे ||

A somewhat rough translation would be: Where would we, Nepali, be if there were no Nepal. How could we reach the highest heights, if not for the highest mountain, Himal?

There were many highlights of the event. The display of antique art and artifacts, the performance and the presentation, and the fashion show truly gave a glimpse into the rich Nepali culture. The ambience, organic participation, and the skyline took the attendees all the way to Nepal. **The hanging skyline of the Kathmandu city, the capital of Nepal, was the next-level decoration which took the audience's breath away.** Our Wellington staff is known for creating such masterpieces, this skyline was yet another crown jewel crafted by our own Member Services staff. Some people from Nepal loved it so much that they thought it was imported from Nepal!

The theme of the fashion show — **one garland made of hundreds of flowers** — was an eye-catching fashion show where models ranging from 18 months to 80 years old walked on the rhododendron runway dressed up in typical Nepali costumes reflecting different geographical regions of Nepal.

The “*Lakhe*” (mask dance) was unique, the traditional dances were stunning, and the popular and patriotic songs were touching.

I would like to leave you with this poignant and soul-stirring Nepali song-“बनेको छ पहराते यो छाती मेरो” which reflects the dignity of the entire country of Nepal.



बनेको छ पहराले यो छाती मेरो

बनेको छ पहराले यो छाती मेरो,
बगेको छ छहरा रगतमा मेरो,
पखेरुमा जन्मे,
टाकुरामा खेल्ने,
म झुकदैं नझुकने नेपालको छोरो।
खोर्सको रोटीले मेरो पेट भरिन्न,
मागेको धोतिले मेरो लाज छोपिन्न।
घोटिएर हात-पाउ झरिजाउन औला,
तर कोई अगाडि मेरो हात जोडिन्न, यी हात जोडिन्न।
बनेको छ पहराले यो छाती मेरो,
बगेको छ छहरा रगतमा मेरो

म आगो सहन्छु, अन्याय सहन्न,
म तृष्णा सहन्छु, तिरस्कार सहन्न।
मेरो सिर उडाउ, बरु त्यो सहन्छु,
तर कोहि परायाले टेके सहन्न, टेके सहन्न।
बनेको छ पहराले यो छाती मेरो,
बगेको छ छहरा रगतमा मेरो
पखेरुमा जन्मे,
टाकुरामा खेल्ने,
म झुकदैं नझुकने नेपालको छोरो।



This chest of mine is made of mountains

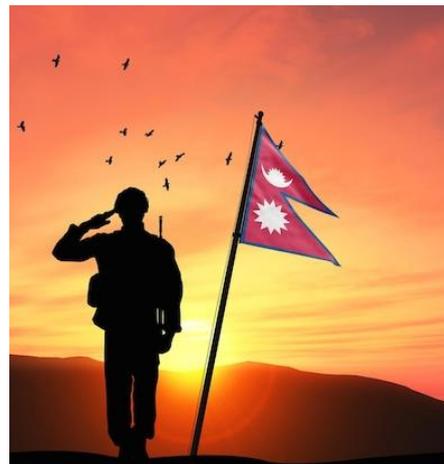
This chest of mine is made of mountains
This blood of mine rushes like a torrential
stream through my veins
Born in the hills
Played on the hilltops
I am the “child” of Nepal who does not bow
down

Snatching *roti* (bread) won't satiate my
hunger
Begging for *dhoti* (loincloth) won't cover my
shame
May the fingers fall off my hands and feet
from grueling work
These hands will not join in plea in front of
any one

I will face fire, but not injustice
I can endure desire, but not disdain
You can behead me, that I will bear
But if an outsider treads on my head, that I
will not tolerate

This chest of mine is made of mountains
This blood of mine,
Rushes like a torrential stream through my
veins
Born in the hills
Played on the hilltops
I am the “child” of Nepal who does not bow
down

[Translated by Srijana Aryal Nepal; the word
“son” is replaced with “child”.]





डा. तारा मान कडायत

गत शनिबार साना नानी बाबु संग एउटा बाल महोत्सवमा जादा एउटा कुरा मनमा गहिरो गरी खेल्यो। म नेपालको सुदूर पश्चिम क्षेत्रमा हुकिएँ, जहाँ स्वास्थ्य सेवा र स्वास्थ्य शिक्षाको पहुँच भर्खर मात्रै विस्तार हुँदै छ। सायद राम्रो स्वास्थ्य सेवा पाइएको भए, मैले नौ वर्षको उमेरमा बबालाई गुमाउनुपर्ने थिएन। बुवाको मायाको अनुभव महसुस हुने थियो, र त्यसपछिका प्रत्येक दिनहरू संघर्षले भरिने थिएन होला कि? तर ती कठिन घडीहरूमा मैरी आमा, दाजु-भाउजु, दिदीबहिनी, र छिमेकीहरूले माया, हिम्मत, र शिक्षाप्रतिको दृढ विश्वासका साथ मलाई अघि बढ्न सहयोग गरे।

हाम्रो समाजमा आत्मसम्मानको नाममा सहयोग माग्नु हिचकिचाउने प्रवृत्ति छ। तर मैले सानै उमेरमा आमा बाट सिकेको एउटा फर्मुला: सहयोग माग्नु = साहस + सम्बन्ध निर्माण + विनम्रता + विश्वास। अर्थात् “सहयोग माग्नु कमजोरी होइन”, यो नै साहस हो। यो प्रतिकूल परिस्थितिमा पनि उठने दृढ निर्णय हो।

जब स्कुलको शुल्क तिर्न सक्ने स्थिति थिएन, मैले छात्रवृत्तिका लागि सहयोग मागें। जब माओवादी दवन्द्वको समयमा घरबाट धेरै टाढा फार्मसी पढ्दा अध्ययन, बसोबास, र परिस्थितिसँग जुड्न गाह्रो भएको थियो, त्यतिबेला मैले गुरुहरूसँग, साथीसँग, घरबेटीसँग त कहिले अपरिचितहरूसँग पनि सहयोग मागें। हरेकपटक कुनै न कुनै किसिमको सहयोग प्राप्त भयो, कहिले सझाव, कहिले ज्ञान, सीप, मार्ग निर्देश, सम्बन्ध निर्माण, कहिले त बोनसझैं प्रेरणा। ती साना सहयोगहरू नै मेरोलागि पाइला-पाइला अडस लाग्ने ढुंगा बने, जसले मलाई नेपालको एउटा गाउँबाट अमेरिकाको फार्मसी बिषयको प्रोफेसरसम्मको यात्रा तय गरायो।

धेरैपटक हामी मौनताको भारी बोकेर हिँड्छौं, डरले। “कसैले अस्वीकार गर्छ कि?”, “मूल्याङ्कन गर्छ कि?” भन्ने चिन्ताले। तर साँचो कुरा के हो भने, कोही पनि पूर्ण सफल एकलै हुँदैन। जीवनमा हरेकलाई कुनै न कुनै समयमा एक सहारा दिने हात, सुन्ने कान, वा एउटा ढोका खोल्दिने अवसरको आवश्यकता पर्छ।

हृदयमा इमान्दारिता, मनमा अठोट, र निरन्तर प्रयास भए पारिवारिक जिम्मेवारीका बाबजुद पनि अगाडि बढ्न सकिन्छ। मैले विद्यावारिधि गर्दा, सयौं विदेशीबीच एकलो नेपालीको रूपमा नयाँ औषधि विकास केन्द्रमा काम गर्दा, वा पोस्टडोक्टरल अनुसन्धानका क्रममा, जहाँसुकै, प्राध्यापक, मार्गदर्शक, गुरु, वरिष्ठ, कनिष्ठ, साथी, दाजुभाइ, वा दिदीबहिनीहरूबाट सहृदयतापूर्वक सहयोग मागें। र अधिकांश अवस्थामा, त्यो सहयोग पाउने भाग्यमानी पनि बनें।

यदि मेरो यात्राले मलाई एउटा कुरा सिकाएको छ भने त्यो हो—माग्नु नडराउनुहोस्। सल्लाह होस्, सहयोग होस्, वा केही मिनेट समय नै किन नहोस्—माग्नुस्। तपाईंले अपेक्षा नगरेका व्यक्तिहरूले पनि तपाईंलाई सहयोग गर्न तयार हुन्छन्, यदि तपाईंले साँचो उद्देश्यसहित साहसपूर्वक आग्रह गर्न सक्नुभयो भने।

तपाईं विद्यार्थी हुनुहुन्छ, व्यावसायिक हुनुहुन्छ, वा जीवनको कठिन मोडबाट गुज्रिरहुनु भएको छ? सम्झनुहोस्, बलियो हुनु भनेको सधैं धेरै सहन सक्नु मात्रै होइन, कहिलेकाहीं त्यो बोझ अरूसँग बाँड्न सक्नु पनि हो। कुनै समय दोधारमा हुनुहुन्छ? कुन कामलाई प्राथमिकता दिने? समस्या कसरी सुल्झाउने?

व्यक्तिगत सीप, तालिम, वा अनुभव कसरी बढाउने?

यी जुनसुकै प्रश्न हुन्, कुनै हिचकिचाहट बिना विनम्रतापूर्वक सहयोग माग्नुस्। फोन, इमेल, मेसेन्जर, वा प्रत्यक्ष भेट, जहाँबाट सम्भव छ, संवाद सुरु गर्नुहोस्। यो बानीले तपाईंलाई पछाडि होइन, अगाडि बढाउँछ।

त्यस्तै, जब तपाईं आफैं अरु कसैलाई केही समय, शब्द, वा निष्पक्ष मार्गनिर्देशन दिन तयार हुनुहुन्छ, तपाईंले साँच्चै भएको भन्दा धेरै सकारात्मक परिवर्तन ल्याउन सक्नुहुन्छ। यसले “ठूलो हैन सानो भई” प्राप्त अनुभव ज्ञान, सिप र सम्बन्धलाई समाज र राष्ट्र को हितमा समेत लगाउने प्रेरणा दिनेछ।

(डा. कडायत, फ्लोरिडा मायामी स्थित लार्किन विश्वविद्यालयको फार्मसी संकायमा सह-प्राध्यापक तथा प्रमुख अनुसन्धानकर्ता हुनुहुन्छ।)

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Chapter Activities-NAF South Florida Chapter

Activity Highlight: Nepali Movie Night – *Unko Sweater*

The Nepalese community in South Florida recently came together for a memorable evening featuring the Nepali movie *Unko Sweater*. This powerful film resonated deeply with the audience, as it authentically portrayed the realities of social beliefs surrounding the caste system, culminating in a heartfelt love story with two broken hearts. The event was a resounding success, drawing nearly 130 members of the Nepalese community who gathered to support and promote Nepal's vibrant Kollywood industry. Beyond the film itself, the night was filled with warmth and camaraderie, as families and friends shared delicious plates of MOMO while celebrating our cultural roots. A special note of appreciation goes to South Florida-NAF Chapter President Mr. Chet Joshi and his dedicated team of officers for taking the lead in organizing this wonderful program. Their efforts, together with the full support of the Nepalese Association of Florida (NAF) Central Committee, made the evening both meaningful and enjoyable. Looking ahead, we are excited about the prospect of hosting more Nepali Movie Nights in the near future, continuing to celebrate and uplift Nepali art, culture, and community spirit here in Florida. With this momentum, we encourage everyone to become a NAF proud paid-up member—whether Life or General—and actively support NAF's activities throughout the year. Together, we can carry forward the three-decade-long legacy of NAF and strengthen the bonds of our community both in Florida and across the Nepali diaspora.



Announcement of New Chapter

NAF South-West Florida Chapter
Nepalese Associations of Florida
Announcement of New Chapter and Committee Members 2025-2027

Ms. Anila Maharjan Dangol
Member

Dr. Cheban Acharya
President

Dr. Suraj Bajgain
Member

Mr. Bikash Basnet
Member

New Chapter and Committee Announcement – NAF Southwest Florida Chapter, Nepalese Association of Florida (NAF)

We are pleased to announce the formation of NAF Southwest Florida Chapter which will cover from Fort Meyers to Punta Gorda area.

The new committee will be led by:

Chapter President: Dr. Cheban Acharya

Member: Dr. Suraj Bajgain

Member: Ms. Anila Dangol

Member: Mr. Bikash Basnet

The NAF Central Executive Team is excited to work collaboratively with this dynamic new team to further our mission and support the vibrant Nepali community in Southwest Florida and beyond.

NAF Ruby Valley Communication Center

The Nepalese Association of Florida (NAF) is proud to announce that the Ruby Valley Communication Center, located in Ruby Valley of Dhading District, is now in its final phase of preparation before officially starting operations. This milestone represents a powerful step toward bridging Nepal's rural communities with the wider world through access to communication, learning, and technology.

Nestled in the heart of Bagmati Province, Ruby Valley is one of Nepal's lesser-traveled trekking destinations. Known for its pristine natural beauty, the valley offers stunning views of the Ganesh Himal range and is home to the rich cultural traditions of the Tamang community. Despite its breathtaking landscape and cultural heritage, Ruby Valley has long faced challenges due to limited connectivity and access to modern resources.

It is in this context that the establishment of the Ruby Valley Communication Center carries such profound importance. By bringing digital tools and communication resources directly to the people, this initiative will empower local residents and open new doors for education, healthcare, and economic development.

The Ruby Valley Communication Center is more than just a hub for internet access—it is a platform for empowerment and transformation. Designed to address the digital divide, the center will connect the valley's residents to the broader world, creating opportunities for learning, innovation, and local development.

The initiative is being coordinated locally by dedicated leaders including Mr. Narayan Neupane, Mr. Niraj Shrestha from Florida, and Mr. Ram Singh from Dhading. Their leadership, combined with community participation, has been instrumental in moving the project toward its final stages.

The center has also received critical support in the form of equipment donations from Compliance Quest–Tampa/Nepal, Virtuosway Software–Nepal, and the Global Nepalese ICT Consortium, reflecting the strength of collaboration between local communities and the global Nepali diaspora.

The Broader Vision: Communication Centers for Rural Nepal

The Ruby Valley project is part of a larger vision by NAF to establish NAF Communication Centers in rural regions of Nepal. Together with the existing center in Sisne, these initiatives aim to bring modern information technology to underserved communities.

The communication centers are designed with multiple goals in mind:

To educate and digitally empower residents, improving literacy and access to technology.

To support telehealth services, providing vital access to medical consultation in areas with limited healthcare infrastructure.

To enhance communication networks, making it easier for families to stay connected across distances.

To promote tourism, enabling Ruby Valley and similar destinations to showcase their natural and cultural beauty to the world.

Through these multi-dimensional impacts, the centers will serve as engines of development, creating a ripple effect that benefits individuals, families, and the broader community.

As the Ruby Valley Communication Center prepares to open its doors, the Nepalese Association of Florida reaffirms its commitment to initiatives that not only preserve Nepal's cultural and natural heritage but also equip its rural communities with the tools they need to thrive in the modern world.

For the diaspora community in Florida and beyond, projects like this represent an opportunity to give back in meaningful ways—combining technology, education, and compassion to create lasting impact. The Ruby Valley Communication Center is not just a building with equipment; it is a symbol of hope, resilience, and progress.



NAF Ruby Valley Communication Center

रुवी भ्याली ग्रामीण सञ्चार तथा अध्ययन केन्द्र

स्थानीय समुदायका लागि सञ्चार सेवा उपलब्ध गराउने कार्यमा सघाउन पुन्याउन स्थापित यो केन्द्र सञ्चालनमा रुवी भ्याली गाउँपालिका र नेप्लिज एसोसिएसन अफ फ्लोरिडा (NAF) को आर्थिक सहयोगबाट सञ्चालित छ। नेप्लिज एसोसिएसन अफ फ्लोरिडा समुदाय तहका शिक्षा लगायत क्षेत्र र सामाजिक विकासका लागि प्रतिवद्ध छ।

स्थान: रुवी भ्याली-३, सेतुङ, धादिङ

सहयोगी संस्थाहरू

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ब्रावण, २०८२



Chapter Activities-NAF Southwest Florida Chapter



Chapter Activities-NAF Jacksonville Chapter



MERO NEPAL – ART COMPETITION FOR KIDS

We are excited to announce a special art competition for all school-age children in our community!



Mero Nepal (My Nepal)

Children can draw or paint what Nepal means to them—its culture, traditions, nature, festivals, or people. Let their imagination shine.

Details:

- Age Groups: Elementary, Middle, and High School
- Mediums: Drawing, painting, or digital art (original work only)
- Submission Deadline: September 28th, 2025



Exciting prizes for the winner.

This is a wonderful chance for our kids to show their creativity and connect to Nepal. We can't wait to see their beautiful creations.

Winner will be announced at Dashain and Tihar Event On October 18th, Saturday.



Nepalese Association of Florida Strengthens Ties with Embassy of Nepal and U.S. State Department

Washington, D.C. — September 19, 2025 — The Nepalese Association of Florida (NAF) has taken another meaningful step in advancing its role as a bridge between the Nepali diaspora, the Government of Nepal, and U.S. institutions. A delegation led by Dr. Niraj Shrestha, President of NAF, along with Ms. Priti Bhandary, Treasurer, and Mr. Madhu Nepal, General Secretary, held productive meetings with the Embassy of Nepal in Washington, D.C. and the U.S. Department of State. These meetings mark an important milestone for NAF as it continues to expand its collaborations beyond Florida to the national and international stage.

Meeting with the Embassy of Nepal

At the Embassy, the NAF delegation was warmly welcomed by Ambassador Lok Darshan Regmi and Mr. Yug Raj Pandey, Economic Counselor, along with senior embassy staff. The discussion centered on NAF's community-focused initiatives, including youth engagement, cultural preservation, community service, and its signature Connect Nepal program. Ambassador Regmi expressed appreciation for NAF's longstanding contributions to the Nepali diaspora and affirmed the Embassy's commitment to supporting collaboration with community organizations in the United States. Economic Counselor Pandey highlighted opportunities for future engagement, particularly in economic diplomacy, investment promotion, and cultural exchange—areas where the diaspora can play a crucial role in strengthening Nepal's global presence. For NAF, this engagement with the Embassy represents more than recognition—it is a pathway to working directly with Nepal's diplomatic mission to design initiatives that serve both the diaspora in Florida and communities in Nepal.

Dialogue with the U.S. State Department

The second leg of the visit took NAF representatives to the U.S. Department of State, where they met with Nepal Desk Officer Sean Comber and three additional officials overseeing Nepal and South Asia affairs. The discussion highlighted NAF's outreach and cultural programs, which the State Department team recognized as valuable grassroots efforts to foster cultural understanding and strengthen U.S.–Nepal ties. Officials expressed strong interest in long-term collaboration, particularly in areas where diaspora organizations can complement diplomatic efforts by promoting people-to-people connections, cultural diplomacy, and educational exchange.

This direct engagement with the State Department was highly significant for NAF—it affirmed the association's standing as a credible and constructive partner within U.S. institutions. It also opened doors for collaboration on programs that could bring tangible benefits to both Nepali-Americans and broader U.S.–Nepal relations.



Nepalese Association of Florida Strengthens Ties with Embassy of Nepal and U.S. State Department



Why This Visit Matters

The dual meetings with the Embassy of Nepal and the U.S. Department of State underscore NAF's evolving role as more than a cultural association—it is now a **recognized platform for policy dialogue, diaspora engagement, and international collaboration**. By positioning itself at the intersection of community, diplomacy, and government, NAF has laid the groundwork for initiatives that could:

Expand cultural diplomacy through festivals, educational events, and cultural exchanges.

Promote economic collaboration, including diaspora-led investment and entrepreneurship in Nepal.

Support youth leadership by creating opportunities for Nepali-American students to engage in exchange programs or internships.

Enhance advocacy and visibility of the Nepali community at state and federal levels in the U.S.

Most importantly, this visit strengthens NAF's credibility as a **trusted partner** to both the Embassy of Nepal and the U.S. State Department. These relationships will help NAF in shaping projects that directly benefit the Nepali community in Florida while also contributing to Nepal's progress.

Looking Ahead

Moving forward, NAF will work with both institutions to **formalize areas of collaboration** and design projects that can be implemented in the near future. From facilitating dialogue on investment opportunities to promoting cultural and educational exchanges, NAF is committed to ensuring that its community's voice is heard and its contributions recognized on a larger stage.

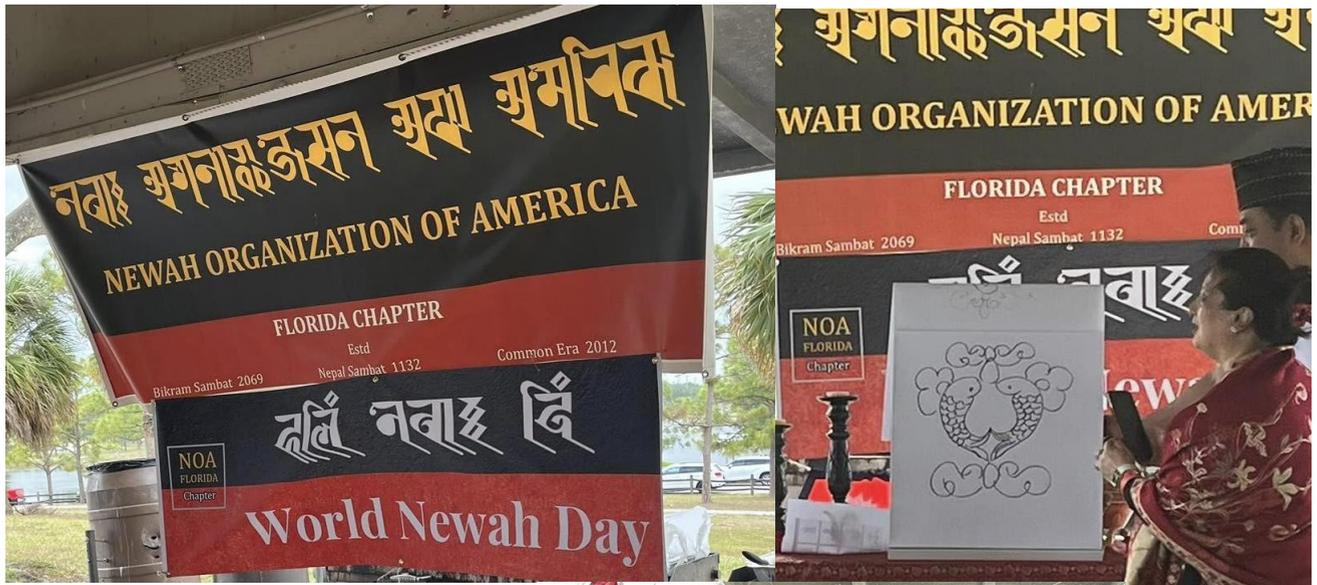
As Dr. Niraj Shrestha, President of NAF, noted after the meetings: *"These engagements reflect the growing recognition of the Nepali diaspora's role in building bridges between Nepal and the United States. For NAF, it is an opportunity to carry forward our mission—not only to serve our community in Florida but also to contribute meaningfully to Nepal's future."*

With strengthened ties at both the Embassy and the State Department, NAF is well-positioned to become a model of how diaspora organizations can elevate community service into impactful, international collaboration.

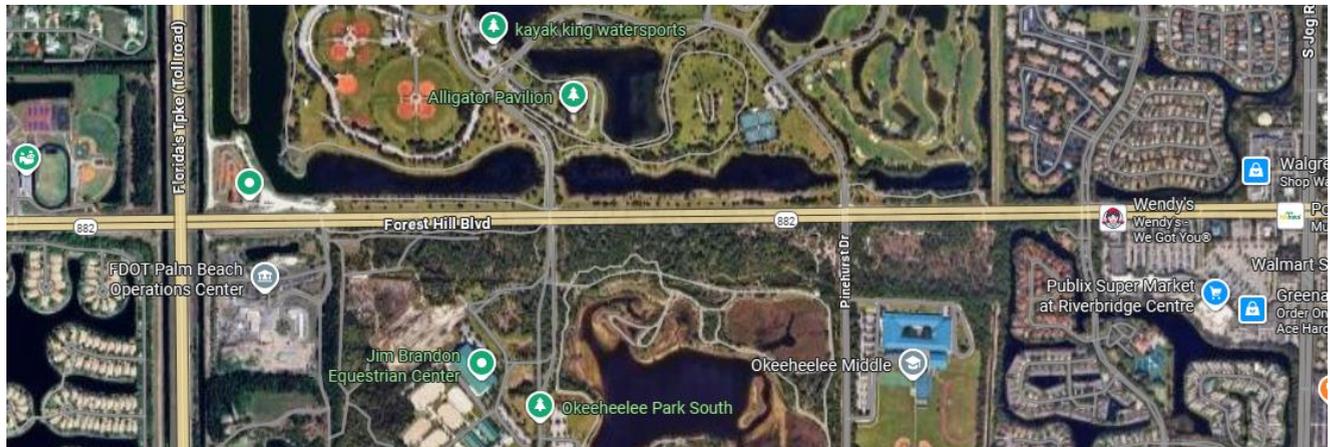
Activities From INLS Florida Chapter



Activities from NOA-Florida Chapter



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Nepalese Association of Florida 33rd Annual General Meeting

The Nepalese Association of Florida (NAF) successfully hosted its 33rd Annual General Meeting (AGM) in a virtual format, bringing together more than 45 members, supporters, and community leaders from across Florida and beyond. The event served as both a reflection on the past year's accomplishments and a springboard for future initiatives focused on community empowerment, cultural preservation, and global partnerships.

A Year of Growth and Connection

NAF President Dr. Niraj Shrestha opened the meeting with a comprehensive overview of the organization's progress. Key highlights included NAF's involvement in a U.S. State Department networking initiative, strengthened collaboration with the Embassy of Nepal, and the signing of a Memorandum of Understanding with Daayitwa Nepal to support youth leadership and entrepreneurship. Vice President Binod Basnet expanded on the year's major community programs. These included a heartfelt tribute to world-renowned humanitarian Dr. Sanduk Ruit, the expansion of NAF's medical professional network, and multiple initiatives designed to strengthen cultural ties and philanthropic outreach. Ms. Ameena Shrestha also shared insights into the evolving relationship between Tilganga Eye Hospital in Nepal and the Bascom Palmer Eye Institute in Florida.

General Secretary Madhu Nepal presented an in-depth update on NAF's communication efforts. He spotlighted the success of the organization's podcast series and other digital engagement strategies that have fostered greater connectivity within the community. Treasurer Priti Bhandary reported stable financial health, citing effective event planning and strong donor support. She emphasized the association's commitment to financial transparency and long-term sustainability.

Program Highlights: A Collective Impact

Updates from various program leads showcased the broad scope of NAF's initiatives:

Bimal Nepal, Past President and Program Coordinator, detailed ongoing efforts in the *Adopt-the-Highway* initiative.

Ajay Satyal, also a Past President, highlighted the success of the annual *Synchronized Blood Drive*.

Narayan Neupane reported on the establishment of Communication Centers in Nepal's Sisne and Ruby Valley regions.

Shailee Banskota, Youth Forum Leader, celebrated accomplishments in scholarship provision, leadership training, and women's entrepreneurship summits.

Aasma Dahal, Coordinator of the Nepalese Student Network, discussed student support programs, including assistance provided to a student at Atlantis University in partnership with Urja Women's Group. She also shared updates on a confidential immigration support initiative and career counseling efforts.

President Dr. Shrestha additionally reported on the expansion of NAF's Medical Network, which continues to connect and mobilize Nepali healthcare professionals throughout Florida.

Community Voices and Enduring Legacy

The meeting welcomed thoughtful reflections from past presidents and long-time community contributors. Founder Tirtha Mali, Anila Neupane, Leena Basnyet, Dharma Acharya, Rajendra Shakya, Rajesh Paudel, and Prem Singh offered words of encouragement and praised the current executive team's leadership. Their testimonials reinforced NAF's growing role in community building, youth engagement, cultural celebration, and international collaboration.

Among the year's most notable achievements was the visit of the Nepal National Cricket Team to Florida—a historic event that united nearly 10,000 Nepalis from across North America in a shared celebration of pride and heritage. Other standout accomplishments included:

- A successful fundraising event to honor Dr. Sanduk Ruit
- Strengthened ties with *Mission Aasha* to support entrepreneurship in Nepal

Nepalese Association of Florida 33rd Annual General Meeting

- Strengthened ties with *Mission Aasha* to support entrepreneurship in Nepal
- Continued impact of long-standing programs like *Adopt-the-Highway* and the *Synchronized Blood Drive*
- Youth Forum initiatives focused on scholarships, leadership, and empowerment

Strengthening Partnerships

Leaders from partner organizations also addressed the AGM, expressing enthusiasm for continued collaboration. Speakers included:

Leena Basnyet (All4Ball)

Dr. Chooda Mani Khanal (PHA Nepal)

Prem Singh (Madheshi Association in America)

Dr. Bijaya Kattel (Abi Kattel Memorial Foundation)

Dr. Rajendra Pangeni (NIRI-USA)

Dr. Rajendra Shakya (Newah Organization of America)

Each commended NAF's efforts and affirmed their commitment to fostering cultural exchange, youth development, and community empowerment alongside NAF.

Honoring Memories and Looking Ahead

A poignant moment during the AGM was the **candlelight vigil** held in remembrance of those lost during Nepal's *Gen-Z movement*. The vigil, led by Krishna Shrestha and held in West Palm Beach on September 13, served as a powerful tribute and a symbol of unity between the diaspora and Nepal.

Yug Raj Pandey, Economic Counselor at the Embassy of Nepal in Washington, D.C., also addressed the gathering. He commended NAF's initiatives and reiterated the Embassy's readiness to deepen collaboration in future programs.

Transition of Leadership

As the meeting concluded, Dr. Niraj Shrestha delivered a heartfelt message of gratitude, thanking the executive team, advisors, ANEC members, donors, and past presidents for their unwavering support. He gave special recognition to his core team for their dedication and shared commitment to NAF's mission.

Dr. Shrestha also extended his full support and best wishes to **President-Elect Binod Basnet**, who in turn thanked all contributors to the AGM. In his remarks, Basnet pledged to continue the momentum by expanding community-based programs, promoting inclusion, and deepening NAF's impact across Florida and beyond.

The Road Ahead

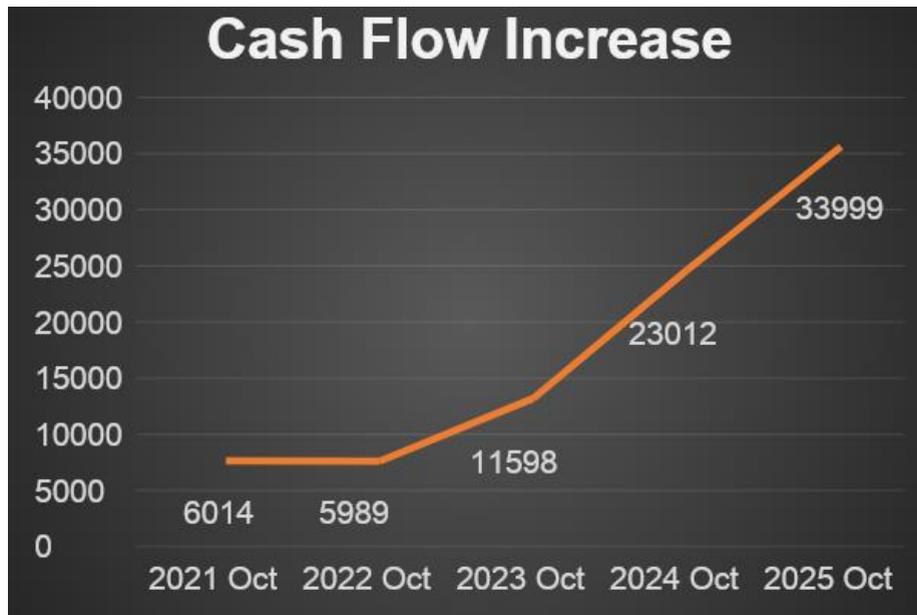
The 33rd Annual General Meeting marked both a celebration of success and a launching point for future endeavors. As NAF prepares for its upcoming **Dashain-Tihar Celebration 2025** in West Palm Beach, the organization remains committed to deepening ties with the Embassy of Nepal, the U.S. State Department, and a broadening network of community partners. With a renewed focus on youth empowerment, professional engagement, and cultural vibrancy, NAF continues to be a unifying force for the Nepali-American community in Florida.

For more information, please contact: naflorida2016@gmail.com



NAF Financial Report (2024-25)

	Income (US\$)	Expenses (US\$)
Dashain 2024	7844	8436.15
Balance After Dashain	17814	
Everest Day	600	1179.14
Dr. Ruits Meet and Greet	12579	12071
Mission Aasha		600
Candlelight		60
Aopt-The Highway		385
Total	38837	22731.29
Remaining Balance	16105.71	



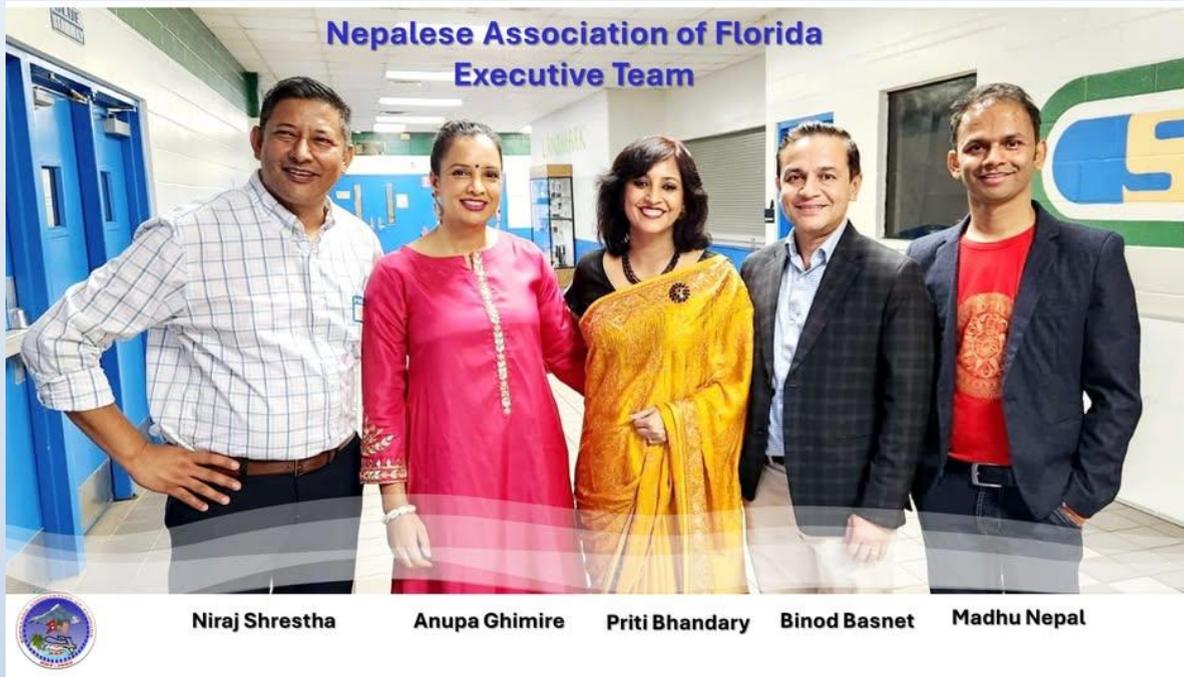
Financial Growth & Savings Update

- Achieved financial growth through successful programs and generous donations from institutions and individuals.
- Heartfelt thanks to all donors for their continued support and trust. We have initiated transfer of **\$4623.13** to Cricket Association of Nepal
- Corrected past practice by accounting life membership fees, setting aside **\$10000** into CDA and expected to put another \$4000 towards saving account.
- Recommend upcoming executive team to grow this reserve and keep it untouched as a secure deposit for long-term stability.

Prepared by Priti Bhandary, Treasurer
Nepalese Association of Florida

Incoming and Outgoing Executive Team

Outgoing Executive Team



Incoming Executive Team



Binod Basnet
President
West Palm Beach



Priti Bhandary
Vice-President
Wellington



Deepak Neupane
General Secretary
Tampa



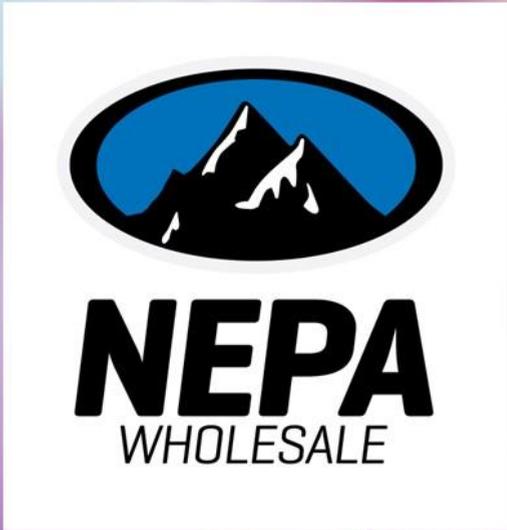
Binod Khatri
Treasurer
Jacksonville



Dr. Sakun Shrestha
Information Secretary
Pembroke Pines

Dashain Tihar Event 2025

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Keyes



COME JOIN US AS WE CELEBRATE CULTURE, UNITY, AND TRADITION WITH OUR COMMUNITY!



THE NEPALESE ASSOCIATION OF FLORIDA (NAF) IS EXCITED TO ANNOUNCE



SATURDAY
OCT. 11, 2025
FROM 4.00-10.00 PM

SPORTS EVENT WILL START FROM 9.00 AM

OUR UPCOMING ANNUAL
GENERAL MEETING AND STATEWIDE
DASHAIN-TIHAR
Celebration

SOLFUL YATRA USA

AND

CULTURAL PERFORMANCES REPRESENTING NEPALI HERITAGE FROM ACROSS FLORIDA.



Our Food Partner

*Visit NAF Website/Event Page

Till October 3rd Online Ticket Price is \$40 which include Concert/Food/Snacks

51 Civic Center Way, Royal Palm Beach, FL 33411