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Dear community members, Namaskar

During this unprecedented time of COVID 19, we are unable to present in-person programs to our community members. Still, we are delighted to serve you virtually with so many different community-based programs. I would like to thank all the community members for your continuous support and involvement in our programs. NAF has recently completed Youth Panel Discussion series 1 with huge participation of incoming college students/high school students from different cities. We would like to thank you all for your cooperation, and special thanks to our smart, successful and knowledgeable speakers for their time, effort, and insights.

We are also seriously discussing about social injustice issues that are happening in Nepal and the United States, and we are willing to do facilitate programs that will help on building JUST society. We are calling for members to assist in creating programs to educate our children to instill our collective values of fairness, compassion, and justice in our future generation. We would like to recognize our Nepali youth leaders who have recently taken the initiative in social injustice issue. We also would like to let our youth know that we are with you, and we are looking forward to engaging on further dialogue and discussion.

As such, the NAF executive team has decided to form a Youth Forum team to encourage, fascinate, and empower our youths, and we want to work with them to address their expectations and needs. I would like to openly invite enthusiastic and visionary youths to apply for the leading positions in the Youth Forum team. I also would like to thank my entire executive team, including our advisors, for their support, effort, and valuable suggestions. Please keep joining us for our ongoing and upcoming programs and do not hesitate to share your thoughts and ideas for the future programs.

Thank you all, stay safe!

Sincerely,
Anila Neupane Paudyal
Protection of Mind in the context of COVID19 in the perspective of Buddhism

On June 6th, 2020, Nepalese Association of Florida (NAF) organized a discussion program titled “Protection of Mind in the context of COVID19 in the perspective of Buddhism”. The program was led by Professor Naresh Man Bajaracharya, who highlighted how to protect the mind during a stressful situation like the current pandemic situation which the world is facing. He also discussed how Buddhism defines the mind and how it can be controlled by an individual during different situations. The program was part of our regular Mindfulness program which was run by mindfulness instructor Rosy Sharma. NAF General Secretary Niraj Shrestha moderated the program. In the end, NAF president Mrs Anila Neupane highlighted the significance of Mindfulness program and importance in a current pandemic and thanked the participants and the speaker. Around 80 community members participated in the program including few students of Prof Naresh Man Bajaracharya.

Mentorship Q & A Session

NAF has conducting Mentorship Program. To answer everybody’s queries NAF had organized Mentorship Question and Answer Session.

Navigating a Path To College

On June 27th, 2020, the Nepalese Association of Florida (NAF) held a discussion panel program titled Navigating a Path To College and was a part of the Mentorship program currently run by NAF. The program focused on informing prospective and future college students on the path to college through the eyes of those who already experienced it. To achieve this, NAF hosted an expert panel of invited speakers. The speakers included: Sudeep Subedi (current graduate student at the University of Florida), Monika Karki (recent graduate from Rice University), and Stutee Acharya (current student at Georgia Tech), who shared their experiences on high
NAF president Mrs. Anila Neupane highlighted the significance of the program and announced that NAF will form a “Youth Forum” to create different programs which will target the Nepali youth in Florida. Moreover, Mrs. Neupane invited any Nepali youth to apply to lead the Youth Forum.

The program was moderated by Jenny Khanal (recent graduate from the University of Tampa) and Shailee Banskota (current student at the University of South Florida) who were also speakers in the discussion and also shared their advice regarding the respective topics. The goal of the program was to guide prospective college students to success in college and to provide insight on how to choose a career they would like to pursue. Around 100 participants from different age ranges, students in middle school, as well as prospective college students and their parents attended the program. The program was two hours long, with many attendees asking their own personal questions to the five speakers.
COVID-19 Response Team of NAF

NAF Executive team conducted emergency meeting on current COVID19 pandemic. Meeting was attended by current NAF executive team, and advisers. From the meeting, following decisions were made:

1. NAF executive team appointed adviser and Community Leader Mr. Krishna Shrestha from West Palm Beach as a Chair to lead COVID19 Response Team. He will coordinate the task force with NAF executive team member Niraj Shrestha.

2. Task force team has appointed following community leaders as contact person for each region:

Miami and Nearby area:
• Shiva Nepal - 786-620-6627
• Chooda Mani Khanal - 786-797-6412

Port St. Luci, West Palm Beach to fort Lauderdale:
• Ram Thapa - 561-313-9721
• Binod Basnet - 561-866-5443
• Krishna Shrestha - 561-310-0694
• Niraj Shrestha - 305-790-1620

Tampa, Naples and Fort Myers Area:
• Deep Karki-813-753-5616
• Pragati Ghimire-617-460-6665
• Kamal Tiwari-813-789-1343

Orlando and Nearby area:
• Narayan Neupane - 407-376-2758
• Bikash Devkota - 407-453-1732
• Nagendra Dhakal - 407-373-5475

Gainesville to Jacksonville:
• Jaya Khakurel-904-738-0907
• Anila Neupane-571-442-1610
• Dipendra Sahi-352-317-8283
• Kalpana Shrestha-904-314-9584

Tallahassee and Nearby area:
• Bishal Gautam-352-213-9234
• Mitra Khadka-352-870-5527
• Tej Poudel-901-612-8870

All University and College students should contact Mr. Nirjal Shrestha at 580-695-5882 for any questions or concerns. He will be working as a coordinator to connect with the representatives and student from Universities.

If there are any question and concern due to current COVID19 pandemic, please contact one of the community leaders from your
NAF Activities

Appointed members will try to reach out to each community member via social media or text or email or call.

3. NAF is currently working with other organizations as well as Nepal Embassy-Washington DC, in case further assistance are required for community.

4. NAF will be uploading a webpage to raise fund for COVID19. Fund will be utilized to help community members who are going through economic hardship due to COVID19. Fund will be strictly utilized for COVID19 related work only.

We want to thank all the Health Workers and people who are currently working on health care field for their commitment to fight against COVID19. -NAF

Community Activities

भर्मुद्रक नगर्यांको नेपाली भाषा पाठशाला संचालन

ससारभर प्राणिको प्रोनोनको प्रयासम लागभग शुरू भए बढी गाइको सामाजिक दुरुस्ती आज विश्व समुद्रालाई हरेक लेखनमा नामांको गाँउहरू ल्याईर नेपाली भाषा भर्मुद्रको र यसकी असार कृतिसामाय र कृतिसामाय दुनै अनुभाग समेत गर्न नसकेला अवस्था हाम्रो सागु बिद्रोहण छ। यसले यसको प्रभावित बजन सामाजिक दुरुस्ती कारण मात्रै, खुला हातले आँखा, नाक, कान र अनुसार नजुको, फटक पटक साकुन सागु। हात धुने, त्याएँ स्किनियतको प्रयोग गर्ने, ताजा प्रोत्साहन, दरियो सागु, दुबारा पर्याय बनाउने, अत्यावश्यक काम भाडा निर्मित गर्ने, हात धुने पनि फटक साकुन त्यसको कर्न धुने, निजस्वी भाषा तत्वहरू मान्य स्थानमा सानू धुने, धुने जस्ता भौतिको पदार्थहरू आँध्र निर्मित गर्ने जैने नै कोरोना भाइरसबाट बल्के उपाध्याय सबै कोई धुने सक्छो।

यस्तो महत्त्वको अवस्थामा पनि कोरोना भाइरसबाट नूनौसिएको स्थान लाई सक्रिय तृप्तिक श्रृङ्खला गर्न से यस अभिल देखि मात्रको धुने पनि नी सो लोको प्रत्यक्ष र आदर एक एक यस पुनर्लिखित नयाखातको साहित्यको श्रीमान अर्जुलाई नेपाली भाषा पाठशाला बालपाठ्यकारका लागि भर्मुद्रकको नियमात्मक रूपमा विशेष संचालन आदरको ख्याति जगाउन्छ।

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Community Activities

अनेकां फॉरिंटारमा आयोजित कोरोना
भाइरसको प्रभाव र यसले मानव समुदायमा पारेको
अवसर विषयक नर्च्चूर्णल विशेष कार्यक्रम सफल
(मिराचार मल्ट)

जति गरीरौ भने पनि आकाश सबै भत्ना पहिला कोरोना भाइरस रहे
कुरा आउँदै गर्दछ नयाबारोस पनि फिन आकाशको कारणबाट आज
सारा विकाश अभिलाषा छ भाषालाई दैनिकमा मात्र कहाँ हो र वस्तुको
उल्लेख बाटै दिनेन्छ। भन्दै छह यसको अवधिमा माना निर्धारित
संपूर्ण समूह आत्मा गर्दै र त्यसलाई माझी भाषा भवानी भन्दैको छ।
भने एकासो शादीहरूलाई जरहोकू लणौ बनाउने थिएको छ।

अन्तिम लयको र भोलीको दिनका समेट गर्दै कैली
न्वेलभ कपोल अन्तमा उल्लेख छोटनेवाली धारा राख्दै हो र
कसरी यसको पिडको छुटाउने भने भन्दै खेलौँग समेट
नसकसमें बराबर दिनेको छ। यसको भन्दै यसार गर्ने गरी
फिन विज्ञान जितको छ। यसको भन्दै उक्त लाभ शर्माण
"मे छु" भने सातकामिली राजनीतिक हस्तिदै समेट
गर्दै पनि अनेकां फॉरिंटारमा आयोजित कोरोना
भाइरसको प्रभाव र यसले मानव समुदायमा पारेको
अवसर विषयक नर्च्चूर्णल विशेष कार्यक्रम सफल
(मिराचार मल्ट)

बनाउने थिएको छ। भने एकासो शादीहरूलाई जरहोकू लणौ बनाउने थिएको छ।

मिराचार मल्ट
हाले मात्र वर्षैकमा निर्माणात्मक दिन यस्तो आयोजित गरायो । कोमिटीको भरमाः र यस्तो मानव समुदायमा पार्दै वस्तु बालरो एक विचि चार्केमा समान्त गरेको समाजार छ, जसको साम्बन्धित विवरण तस्दा समग्र गरेको छ भने यहाँ यस सम्बन्ध र तस्न द्वारा निर्माण, जिम्मेदारी, समृद्धि, कार्यरताको सम्बन्ध, विविध र बुझाउनको सामाजिक तथा राजनीतिक गतिक जनजीवन भएको ठाउँमा तस्न द्वारा निर्माण कर्त्ता भएको बालरो बालिकाको विकास र विकास वाहनमा नृत्य गरेको हो। यसलाई समस्त समुदायको सामाजिक राजनीतिक गतिक कर्त्ता क्षेत्रमा मनसा भएको छ।

लत्साहका साथ सयाङित कार्यक्रममा सबैको विज्ञान गर्नुहुने प्रतिभासका पार्दै उद्योग गर्ने उद्योगको दाे तथा कार्यक्रममा निर्माण गरेको छ। यसको सामाजिक र राजनीतिक गतिक जनजीवन भएको ठाउँमा तस्न द्वारा निर्माण कर्त्ता भएको बालरो बालिकाको विकास र विकास वाहनमा नृत्य गरेको हो।

विद्यालयमा ध्रुव विकास उपर यस्तो कार्यक्रममा निर्माण गरेको छ। यसको सामाजिक र राजनीतिक गतिक जनजीवन भएको ठाउँमा तस्न द्वारा निर्माण कर्त्ता भएको बालरो बालिकाको विकास र विकास वाहनमा नृत्य गरेको हो।

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Celebrated the 2644th Buddha Jayanti in Florida on May 9th, 2020.

The Newah Organization of America (NOA) – Florida Chapter, in association with the International Nepali Literary Society (INLS) – Florida, the Nepalese Association of Florida (NAF), and the Nepalese Association of North East America (NASeA), successfully celebrated the 2644th Buddha Jayanti on May 9th, 2020. This event was held virtually to meet ethical and legislative guidelines during this Covid-19 pandemic. Because our members congregated online, we were able to invite several respected figures in the Buddhist community. Prior to commencing the event, NOA president, Dr. Rajendra Shakya spoke a few words to acknowledge those who have been irreparably affected by the current pandemic. He also resolved the conflicting chronological interpretations to clarify that we are celebrating the 2644th Buddha Jayanti. Dr. Shakya then initiated the program by offering a communal “Wandana” to respected Bhante Pannaloka, who joined our program from Boston, Massachusetts. The respected Bhante guided members in observing Panchasheela, or the five precepts, and in offering Buddha Pooja.

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Afterwards, these rituals were explained in lay terms by former president of NCCO (Nepalese Community Center Orlando), Mr. Siwali Shakya.

Dr. Amar Karki, from West Palm Beach, FL, succinctly summarized the life and enlightenment of Siddhartha Gautama in an original poem. The Buddha’s biography was further illustrated in a thoughtful and well-researched presentation from Smarika Nepal, a young and promising member of our Nepalese society. The next part of the program focused on mindfulness and meditation, two important tenants of the Buddha’s teachings. Mrs. Roji Sharma, from Tampa, FL, explained the benefits of mindfulness on both mental and physical well-being. She also demonstrated the proper technique for deep meditation and led a 10-minute group meditation practice. Mrs. Sharma currently leads weekly meditation group program organized by NAF. NASeA General Secretary Mr. Krishna Shrestha, from West Palm Beach, FL, provided a detailed analysis on how Buddhism has contributed to spreading peace throughout the world. His words remind us that Buddha’s teachings can help bring tranquility to our troubled modern society. Trisha Chapagain, another leader among the youth of our Nepalese society, elaborated on the Buddha’s achievements and accomplishments. Mrs. Anila Neupane, president of NAF, further underscored the importance of Buddha Jayanti, reminding us why we celebrate it annually. Through a connection with the president of the Bhojpur Taksar Shakya Samaj, Mr. Minit Bahadur Shakya, our program was also graced with the presence of a respected Bhante from Vishwa Shanti Vihar. Bhante Nigrodh is a well learned and knowledgeable theologian who has represented Nepal in the international Buddhist community. The Bhante elegantly connected Buddha’s teachings and life experience to the fundamental principles that form the basis of Buddhism. He also distinguished the Buddha from other deities, explaining that the Buddha is neither human nor divine. Instead, the Buddha is the awakened one. Nigrodh Bhante concluded his lesson by teaching us the implications and importance of Buddhism in our daily life. Afterwards, Dr. Chooodamani Khanal, former president of NAF, recited an original poem about the Buddha’s life history and achievements. Mr. Nijananda Malla, president of INLS Florida Chapter and NCCO, provided his keen interpretation of how Buddhist philosophy can be incorporated into our life. Former president of NASeA, Mr. Bimal Nepal from West Palm Beach, FL, recapped the history of Buddha Jayanti within the Florida Nepalese community. Following Mr. Nepal’s presentation, Mr. Tikaram Paudel, from Gainesville, Florida, interpolated Buddha’s teachings and his biography through an eloquent poem. Our program concluded with a thank-you note from immediate past president and current advisor to NOA, Mr. Sanjay Bajracharya from Boca Raton, FL. Mr. Bajracharya expressed the community’s sincere appreciation to all the participants and presenters for our successful 2644th Buddha Jayanti celebration.
Why music is important - Yuvani Bhandary

Hello, my name is Yuvani Bhandary and I go to Bak Middle School of the Arts for piano. I have been playing piano for about 6 years and music has helped me keep my focus and has kept me calm. Music is a lovely artform which is a mix of tunes which has many positive effects. Music may also perform beautiful sounds using many instruments. An individual who plays, composes, or knows music is a Musician. Have you at any point heard the sound of a cascade or a streaming waterway? Would you be able to hear music there? Therefore, everything with a rhythm has music. Here is a quote by Wolfgang Amadeus Mozart, one of the most successful musicians,

"The music is not in the notes, but in the silence in between." Music has extraordinary characteristics of mending an individual sincerely and intellectually. Continue in Page 12...
Music is a type of reflection. While creating or listening to music, one will most likely forget about their pain, problems, and inconveniences. Likewise, research has demonstrated that the plants which hear music develop at a quicker rate in contrast with the others. Music has the ability to fix difficulties, for example, anxiety, depression, sleep deprivation, and so on. It additionally helps in improving focus and it can aid you when pursuing a new activity. Music is very key to our lives since everything has some sort of music. Our pulses are music, our breathing is music, and so much more. We use music in our regular daily existence and it helps to quiet and heal our body. That is the reason music is so essential to our lives, regardless of whether you play an instrument or not.

Congratulations, graduates! Forever people will recognize the Class of 2020 as a special group of students who faced a significant challenge. May these unique circumstances give you resilience and inspire you to make the world a better place when you go back into it.

Life Lessons from a Nobel Laureate
- Swochchhanda Shrestha

This past spring semester, I had the absolute pleasure of taking a class with a Nobel laureate. As a student at MIT, this experience is rare but certainly not unheard of, as the Institute has had 97 affiliates win a Nobel prize and at least 10 of those affiliates currently teach classes. Regardless, I was in utter awe and admiration when I first found out that my professor had won a Nobel prize for Economics. Interestingly enough, I did not know this tidbit prior to enrolling in the class or even in the first two weeks of the semester. In fact, I only found out when I googled his name when I was talking to my mom about this one professor I had and she said his name sounded familiar.

Although he did mention his award-winning research on the first day of class, he did not describe it as such and only talked about the focus of the research itself. The core principle behind this research, which used randomized control trials to objectively and fairly evaluate the quality of different hypotheses in real-world economic policy experiments, manifested in the class in...
a ton of interesting ways. For one, we had pre-readings throughout the semester and also random pop quizzes on only some of them at the beginning of class. The class was also heavily discussion based and often times the professors would call on someone random on the attendance sheet to get their input. Not only did this make it easier to overcome the anxiety of speaking up in a big class, it was also a smart way to keep track of attendance without actually taking attendance. And finally, we had group presentations a few times during the semester but with a twist. The presentations would be made during a class period, with a random group that was selected at the beginning of that class period. Typically there were about 5 groups BUT only two of these groups would actually present at the end of the class. And how were those groups selected? You guessed it, randomly. The idea is that, over the course of the semester, each student will have roughly equal opportunities to prove themselves and the random distribution of grading incentivizes students to stay engaged with the material all semester long.

So this all made for a very interesting class structure, in addition to material that I found very interesting (the class was on Political Economy and Economic Development; basically the intersection of politics and economy in developing countries). And I learned a TON about the subject matter laid out in the syllabus. But I learned just as much, if not more, from seeing the way my Nobel laureate professor taught the class.

He never once mentioned his accolades or fame, even when discussing the very work that brought him acclaim throughout the world of economics. It was also very obvious that he valued the input of his students and he was incredibly encouraging during discussion classes. Not once did he assert his subject matter authority over anybody, although I can certainly remember a couple dumb things I said in discussion that he could’ve easily shot down if he felt like it. But instead, he chose to look for the good in every student’s contributions and even managed to spin every uninformed comment I made into something that would be beneficial for the whole class. His humility and approachability really stood out to me: he didn’t even have students and course staff call him Professor or Doctor (although both would have been accurate), he just had people call him by his first name; he also just seemed genuinely excited to hear our thoughts on readings or current events. His class was truly a joy for me to attend, both in person and virtually, and his composure was a big reason why.

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This class taught me to find creative means to apply what I learn in class and through research to situations in my daily life (which are ironically represented in this case by classroom interactions). And it taught me to stay humble and curious about what others have to contribute to the world regardless of how much I achieve or how highly I may be regarded by society. And those are the life lessons I got from a class taught by a Nobel laureate.

Colorism in the Nepali Community
- Saugat Shrestha Grade 10,
Suncoast High School, Florida

You may be asking yourself, what is colorism exactly? Dictionary Definition of colorism says “Colorism(n.): prejudice or discrimination against individuals with a dark skin tone, typically among people of the same ethnic or racial group”. You have probably heard of much more common terms that describe derogatory behavior in different forms. But I feel that colorism is overlooked by many in all communities regardless of race, and the Nepali community is no exception. Now, I myself am no stranger to colorism in the Nepali community because I play multiple sports at school including running cross country and playing basketball and volleyball in the hot sun, which causes my skin to naturally tan into a darker shade (understandable for any athlete). However, when I go to any Nepali gathering or when me and my family return to Nepal for the first time in years, I am always told by uncles and aunties, “Ē, kasarī yō bacchā yati kālō bhayō”.

I look back at these words now and realize how conservative and close minded the beliefs are of many Nepali adults. I want to work on educating Nepali adults not by forcing them to learn but by instead correcting their mistakes because no one is in the wrong here. Instead, we need to recognize that, in our society and culture, people who work labor and blue collar jobs are looked down upon. These jobs have historically been held by those of darker skin complexion and often cause workers to tan by being out in the sun. This has led to discrimination against darker skin complexions. Meanwhile, people who work white collar and office jobs (where they do not have to work in the sun) are praised for having lighter skin.

And I won’t even lie, I am no stranger to this type of behavior because I myself was raised with coloristic beliefs by my parents and most of my
classmates were white, even though most of my friends were the very marginal amounts of minorities that made up my school. However, it wasn’t even my parents that taught me these coloristic type beliefs, it was the very people that were supposed to be my peers and educators. The best decision my parents ever made for me was having me go to a primarily Black and Hispanic middle school. It was a drastic change from what I had experienced at my elementary school because most of the kids at my middle school were under-privileged as compared to most kids at my elementary school being extremely privileged and lucky. Around this time, I became heavily invested in the art of 90’s old school rap such as Tupac and Biggie Smalls and it made me understand my friends at my new middle school even further. I could relate to the music because my life growing up wasn’t a flawless journey and I’ve always had to work for what I wanted; I also saw this characteristic in all my new friends and peers, which only further strengthened my bonds with them.

My inspiration to understand the whole spectrum and all sides of colorism comes from the quote, “Destiny is a funny thing. You never know how things are going to work out. But if you keep an open mind and an open heart, I promise you will find your own destiny”. Essentially, this quote is saying that you must always keep an open mind and never let anyone else choose your destiny; rather, you must choose your own destiny. No one, especially in America, can let the system and culture determine their destiny. Every person has the right to choose their own destiny however they seem fit. I don’t mean to sound like a hypocrite, but I feel that the destiny for all Nepali adults should include humility and equality for all. My parents chose their destiny by accepting the fact that many of my best friends were either Black or Hispanic which was something very simple for my mother to understand but it took some time for my father. In the end, he came around to it and I have never been closer with my parents than how close our relationship is today. So, I am not forcing anyone to change their ways of coloristic beliefs. The only thing I have to ask my Nepali elders that engage in coloristic beliefs (whether they notice it or not), is to ask themselves whether their feelings of looking down on someone because of their darker skin complexion is because that is the way culture and society forced it upon them or is it because they personally believe that those who are of darker skin complexion are inferior to those who are of lighter skin complexion. In conclusion, we should all come together as one regardless of how we look on the outside because on the inside we are all the same. We have to

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come together as one people and set aside the racial differences that were created by the culture of the past and focus on what is ahead for our society because it’s all about how the heart of a person is rather than how dark or light their skin color is.

Treasurer's Note

Namaskar. It has not been the year that we all thought it would be this year. Using mask around people and working from home is the new normal. All our meticulously planned activities with friends and family this summer has been cancelled. I hope amid all the chaos (political and public health), we still having time to think inward, time to spend with our family and time dedicated to achieving our goals. I want to thank everyone associated with NAF for their valuable suggestions and NAF’s core committee who are undeterred by the current situation and have been working on various NAF’s initiatives. Thank you very much.

After taking over last year, we have added new members. Total of 7 life family members, 2 family members and 1 member were added. We also received donations for COVID19 relief fund. Total of 9 donors donated $1902. Expenses this quarter includes expenses for masks (covered from the COVID19 fund), ordering business check for NAF and zoom one-year subscription. Our total expenditure stands at $494.

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So, we have total of $1802 in COVID19 relief fund and total of $2692 general fund at NAF’s disposal.

Note: As our organization runs on donations, I will be sending out email soon for membership drive this quarter. We are always looking for interested and dedicated individuals to serve our community.
We are on the web
www.florianepalese.org

Executives Officers
Ms. Anila Neupane- President
Dr. Pragati Ghimire- Vice-President
Dr. Niran Shrestha - General Secretary
Mr. Bishal Gautam- Treasurer
Mr. Narayan Neupane- Information Secretary

Member at Large
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Mr. Deep Karki (Tampa)
Ms. Kalpana Shrestha (Jacksonville)
Mr. Nirjul Shrestha (Gainesville)
Mr. Priti Dhungel Bhandary (West Palm)
Dr. Cheban Acharya (Fort Myers)

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Dr. Anur Babanchahr Karki (West palm)

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Mr. Pankaz Sharma
Mr. Rashil Balauthachan

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Dr. Bidy R. Shrestha
Mr. Rajendra Shrestha

Indreni Publication Committee
Narayan Neupane - Coordinator
Cheban Acharya - Member
Priti Bhandary - Member
Deep Karki - Member

NAF Upcoming Event:
“Series of Youth Panel discussion in Various Contemporary Topics”
Continue..
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2020 Membership DRIVE

Your contribution will support various community-focused programs in Florida and Nepal to be run and facilitated by NAF.

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Annual Member (Family)
Life Member (Individual)
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http://florianepalese.org/membership/
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